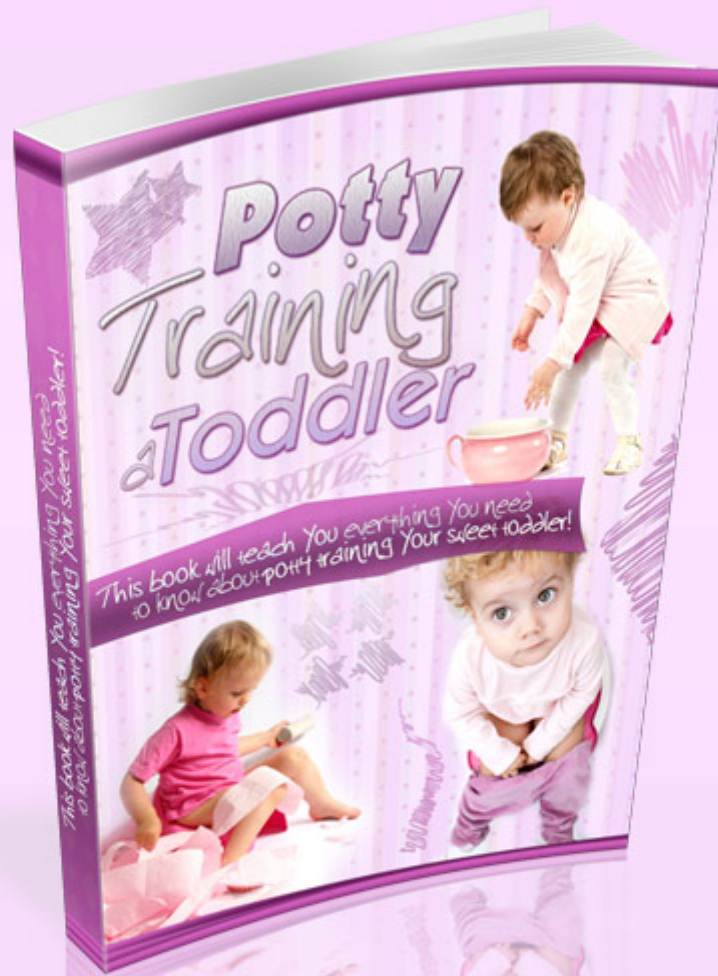


# Potty Training a Toddler



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Learn how to potty train your sweet toddler!



by Emily Rayhart



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## Introduction

One of the processes involved in the development of child is the process of potty training. As per Freudian physiological theory, proper potty training is a must in the development of a child. As soon as the child can carry out this process without the help of anyone, parents can be assured that their child is in the right path to growth.

Most often parents get frustrated and exhausted with the child's potty training. For this reason, parents must themselves be aware of the right time for potty training. It is not something to be done by force but to be dealt by the parents delicately. If the right time for potty training is figured out by the parents, the work is almost half done. However, the time for potty training differs from one child to the other, In general, the time for potty training for kids begin between 18 months and 36 months. Parents should never be too eager to start the potty training process early. This may create confusion as the child is unable to understand the process and control his movements.



The right time for the child's potty training can be determined from the gestures the child makes to the parents. The time should be such that the child is able to control urination or at least understand the commands made to him. If the child begins to get interest in potty by him and in the toilet as his parents do, they have attained the right stage. This stage generally comes in between 18 and 36 months.

The technique for potty training to girls is different to that of the boys. It is advisable to give a potty chair to the girl child in the bathroom or as desired by the child like the playroom. The chance to choose the color of the potty chair should be given to the child just to make her feel that it is the same way she chooses her toys. The child may require attention so it is always advisable to sit in front of her as a company. The child requires encouragement at this stage of development and the parents must not scold the child for soiling the nappy or doing potty frequently.

It is necessary for the parents to make it a routine to make the child for potty after meals, before going out and in the morning. The child should not be forced for using the potty



when you desire. Potty training should not be a punishment to the kid but should be encouraged every time. It is also advisable to carry extra sets of dresses even after the kid has acquired the techniques of potty training.

It is a known fact that boys take time more than the girl child to get into the potty training process. The reason may be such that girls tend to learn the way from their mothers while boys rarely get male role models. Even if they have so, the process of peeing is a two step process. The boy child should be made to urinate and potty by sitting down first. Once the kid gets easy with sitting, you should go for practicing the standing position. At first, make him pee into his own potty. Spreading few pieces of O-shaped cereal onto the potty bowl makes the child clean up the mess and in the process develops the habit.

Encouraging the child once he tries to go to the potty is the basic thing in potty training process. Incentives for the child will make him confident in doing it alone like the adults. The routine and system for potty training should be kept the same if handled by different persons in the family. The mother should never scold the child in case the kid cannot control him and



makes a mess. She should be calm and patient enough at these situations. The purpose of potty should be clearly demonstrated by the mother like by dumping the dirty nappies.

Parents in most cases get irritated while their child is in the stage of potty training. It may so happen that the child is not ready for the process physically or emotionally. Despite repeated efforts the child may fail and in such situation, mother should not lose patience but should encourage the kid for the effort he is making. If the child is not ready for the potty training process, he may start creating tantrums all around thinking that this is a punishment for him. The parents must postpone the entire process for a few days or else should be encouraged by playing music, rhymes or story telling. In spite of all precautions, the child may go in their pants but it all lies in the hands of mother to clean up the dirt that time and encourage for the small effort he took.



## Importance of proper potty training

Potty training is one of the most important processes in a child's development process. Most parents get confused or even frustrated in this potty training process. Freudian psychological theory states that potty training marks the proper development of the child. If a child can carry out this process independently, then it is a sign of growth. Sometimes this potty training becomes hectic for the parents and they get frustrated with the process.

It is a wrong thing of the part of the parents to start potty training at about the age of two years of their child not knowing if the child is ready for the process at that time or not. The most important thing to note is the child's pattern of his bowels. It is not a right thing only to give instructions to the child regarding his or her potty habits. Only encouragement and appreciation can make you get into this habit. Hygiene is the most important aspect to be looked into in the process of potty training. Cloth diapers are preferable than the regular ones as the former absorbs liquid more effectively than the latter. The diapers must



be made to wear every alternate day. Making the child wear diapers does not require his going to the toilet. Wet diapers will not only make the child uncomfortable but also face problems of not going to the toilet on his own.

It is always necessary to keep a toilet free for use by the child. This is because there is very less time between his realizations to go to toilet and when he starts the proceedings in his clothes. It takes time for the children to learn potty training aspects. The first step to be taken to maintain the hygiene is to teach the child to wipe and wash hands after potty. It can be better demonstrated by pictures and posters. These help the child to learn step wise. Keeping a poster will make the c child remember what to do after potty. It may seem awkward but parents should not hesitate to demonstrate by themselves what to do after potty. If the entire flushing and cleaning process is shown in live then it becomes easier for the child to adapt to the ways of potty training.

Hygiene maintenance is of utmost importance in potty training. Flushable wipes are most hygienic for kids. Plastic bags and fresh underwear must be kept near the toilet to ensure change



of clothes after potty. Sanitizing wipes or a bottle of sanitizer must be kept in the toilet but it must be out of reach of the children. Home made sanitizer made up of one teaspoon full of bleach with two cups of water can be used within 24 hours.

Slippers or shoes must be removed from feet to prevent spread of germs in the house. The wipes and undergarments must be gathered and kept separate to avoid any contamination with germs. The under wear must be taken off very carefully so that the potty does not touched to the child's legs and feet. The dirty clothes must be kept separately in a polythene bag.

It is also important to teach the kids the manner to do pee or potty. Encouragement should be given to the kid to sit after putting down the lid. These usual habits will be inculcated among the kids as time goes. The after care for potty training is also important. It is hygienic to wipe the toilet or the baby potty with a clean wipe or sanitizer solution after completion of potty. Kids will get encouragement if they are told to wipe the seat of the potty with toilet wipe themselves. It is more important for the girl child to wipe properly from the front portion to the back to prevent infection to the vagina. Parents must train the girl



children to wipe by patting rather than rubbing to prevent irritation or rashes from erupted.

At the time of potty training, simple things like use of toiletries should be taken care of. Soft products are required as children have soft and sensitive skin. Wet wipes are better for the kids as they provide less friction to the skin while wiping. Lessons should be given to the kids to wash hands by themselves. Use of antibacterial soap and warm water helps fight the germs. Children can be taught to count numbers or say a rhyme while washing the hands. Even if the child has not gone for potty, it should be made into a routine and only then will the child develop good and hygienic habits.

Parents should not hurry up for potty training of their children merely by hearing someone else's opinion but should look out for some gestures to know if the child has reached the proper time for the training. The child should understand the term for toilet used at home and can manage when required to go to the toilet or can at least hold on for some time. Last but not the least it is most vital to keep cool when the parents are giving potty training their kids because it may so happen that the child



may not listen or understand at the first try. So patience is what will make the parents keep going.



## Kids Potty Training

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may not listen or understand at the first try. So patience is what will make the parents keep going.



## *Tips for Girls Potty Training*

The age of learning the skill of acquiring potty training is different for different children since each and every child is unique and has its own emotions. Girls are mentally and emotionally prepared for acquiring the skills of potty at the age of one year and by the time she becomes two years old she is fully capable of doing this task on her own without the help of her parents. The best time when child learns a potty training is known by her parents because parents only understand how much her child is prepared for this task. Parents should start training a girl child in potty if she shows lack of interest while you are making her to wear diaper or starts crying when you make her wear diaper or makes sounds in her own language. The first and foremost thing that you must do as a parent is that arrange a potty chair for girl child and place it in bathroom. Make sure that you are maintaining proper hygiene in chair and always keep it clean. It is always recommended that you must allow your girl child to purchase such type of chairs since more she likes it more she uses it happily.



You must set a routine for a girl child and always take her to bathroom and make her sit on potty chair after she finishes her meal, after waking up in the morning, before bedtime. Not just according to schedules, you must also adopt flexible schedule that helps her to go to bathroom as and when she likes.

## Make It Fun

Depending upon the type of parents you are decides whether potty training that is given to child is painless and fun for him or a difficult task for you. The best thing that a parent should notice is whether a child makes horrible faces when she has done potty inside diaper. When you notice such type of incidence make sure that you start training your girl child for potty. For some of the parents and children the task of potty training and learning it is very funny and enjoying while for some of them it is not. To make her potty training fun it is very necessary for you to buy a potty chair that is portable i.e. it can be moved from one place to another. It is very important for a



parent to locate potty chair in proper place where they are present to look after the action of a child. Always place potty chair in the area where you spend most of your time since it helps a child to learn such skills very easily and quickly and also makes her feel comfortable. Make sure that you are making your girl child sit on a potty chair in a fun way. Toys must be kept in front of a girl child while she is sitting on a potty chair and make sure that you keep it near to them otherwise they get up in the middle to get those toys thereby making your house dirty and toys are very useful in making the potty training fun. Some potty chair already has toys attached to it so that child does not run here and there for getting a toy while doing potty and making mess all over around. A parent while giving potty training to his girl child must always try to praise her since this attitude of yours will encourage her to learn such type of skills within a short duration of time and with fun. Also make sure that you talk to her while she is sitting on potty chair.



## Be Patient

Patience in parents is very necessary so as to make the training of potty enjoyable, fun and success thereby making a child to fully acquire this skill properly and that too without facing any difficulty. It is not necessary for a girl child to always sit on the potty chair sometimes it might happen that they even miss them. In such cases it is the responsibility of a parent not to scold her for her this type of deed instead you must make understand. Parents should also keep one thing in mind that they do not scold a girl child when she uses potty chair for several number of times. Training a child in potty by parents and acquiring it by a girl child takes some time; so it is advisable to parents that they should be patient at the time of such situation. The role of parents in training a child for potty is very important since it motivates, direct and reinforces a child to acquire this skill. Parents must spend time for a girl child to give her potty training and a lot of patience is also very necessary for parents. Each and every child behaves according to her own temperament and taking this factor of a girl child into



consideration parents must start training accordingly by keeping patience.

## Things You Should Not Do

It is very important for a parent to establish a strong bond with their little one and also understands his or her behavior and nature. There are certain things that should not be done by you as a parent since it will make your girl child regressive and makes her feel angry. There is a time when each and every girl child understands that they must learn such things and parents must understand them by observing their actions such as when they mess up they becomes irritated. Parents should not make girl child sit on potty chair against her desire since it will lead to adverse consequences. One of the main things that a parent should not do while training a girl child for potty is scolding since it discourages her. Parents should not loose patient when child is not learning potty skills at very fast pace since every child has its own capability to cope up with the situation. The toys must



not be kept away from potty chair because when they stand up to take it in the middle of doing potty then they do potty on the ground and makes it a mess.



## Tips for Boys Potty Training

Potty training can be a both dreadful and scaring experience for parents and a boy child since it takes a lot of time and it is very necessary that you maintain patience all the time since patience is the only things that helps a boy child to enjoy his potty training with fun and makes him learn at very fast pace thereby making him feel comfortable. Potty training for both girl child and boy child is completely different in many aspects. To make potty training for boy child a success it is very necessary that you find things that help him to become a quick learner.

Training a boy child for potty is very difficult task for a mother. The first step that has to be taken into consideration while training a boy child for potty training is that teach him how to sit for doing potty.

Starting with basics of training will help a boy child to control his potty. The next step that is to be taught in potty training is that parents must purchase a potty chair that is attractive and that has toys attached with it. This will help him to create interest in learning potty training fast and very easily. A boy child is very



afraid of potty since it is a total new experience for him because of different types of sounds, the area of the bathroom and that is why it is wise to make him first sit at potty chair. A boy child must be taught such type of potty skills step by step. First allow him to master the level of potty chair and after he is fully comfortable with it then he must be trained for big toilets.

## *Make it fun*

Training a boy child for potty should not be a scar and dreadful experience for a child and his parents since this experience must be such that it encourages him to develop the skills required for potty very fast and without any difficulty. The best place to train a boy child for potty is at home and must be trained only when he is mentally prepared to leave the habit of wearing diapers. There are several ways by which you can make potty training fun for our child. First and foremost things that you must do is to put some blue color inside the chair and after finishing potty of the child show him that the color changes into green after he



pees. Potty training dolls are also available in the market that helps a boy child to enjoy his potty training with fun.

Potty targets can be purchased for the purpose of making your boy child comfortable. Parents can also purchase fun pants that are specially used for potty training. Potty training can be fun if you purchase such types of pants with variety of colors that your child likes along with picture of his superhero on his pant. Musical potty chair can be bought for a boy child where some music is played when a boy child makes use of such type of potty chair. Potty training can also be made fun by placing stickers and charts in bathroom where potty chair of your boy child is placed. Such type of stickers can also be given to a boy child as a reward since they encourage them to use potty whenever they feel like using it.



## Be Patient

It is very necessary that you train your boy child for potty in a proper way and with affection without scolding a boy child if he makes mistakes sometimes since behavior and ability to cope up things of each and every child is different from one other. As a parent it is your responsibility that you teach your child potty training with a lot of patience thereby making it painless and easy for you and also allowing a boy child to enjoy his training with fun. Depending upon the behavior of a child and his temperament it is very essential that you understand him in a better way. Parents must always try to establish a strong bond with his child that helps them to understand the behavior and nature of child. You must always look forward to train your boy child in a way that is comfortable to him and with love and patience so that he develops the skills of acquiring potty training fast and easily.

You must start potty training for your boy child as soon as he is mentally and emotionally prepared for it since if you train him when he is not prepared and ready will make him regressive and



prevents him to use potty chair. It is necessary that even if all the techniques that you use for training a boy child fails, you must never lose your patience instead you must find out new techniques by keeping patience or you can even ask for recommendation from doctors. Every boy child wants to be independent from wearing diaper and they do not want to get embarrassed in front of children of same age group so when they feel that they automatically prepare themselves to face such type of situation and become ready for training.

## Things You Should Not Do

It is very difficult for some parents to train their child potty skills since they are not ready for it. During such situation parents makes mistakes which must be avoided by them by keeping some patience and spending some more time in training a boy child for potty. Parents should not expect lot of things from his boy child since it the time required for child differs from others. For this purpose it is very necessary that you give sufficient and



adequate time for your boy child to prepare himself mentally as well as physically. Losing patience thereby becoming frustrating and angry should not be done by parents who are training boy child for potty. Parents must have control on anger since it helps a boy child to learn such type of potty training in a good way.



## Master potty training

Training a child for potty whether it is a girl or boy, it takes lot of time, efforts and patience by parents so as to enjoy that experience of training a child and it is also enjoyed by a child who is undergoing such type of training. There are many ways by which you can train your child for potty but the best is the way that works for your child and helps him to gain confidence and encourage thereby helping him to learn such techniques at a very rapid pace. The first step that involves in potty training a child is that parents must purchase a potty chair for child of his own choice and favorite color along with toys attached to it so as to make potty training a fun. The next factor that comes in mind while training a child for potty is that potty chair must be placed in areas where it is easily accessible. A child should be trained for potty only after he shows some signs of his readiness such as making disgusting faces when he poops in diaper, feeling irritated in diaper etc. You must not lose your patience if child makes any mistakes during the time of training since it will hurt his sentiments and he loses his courage.



## Books

Books are one of the ways by which you can learn potty training. It is also responsible for reducing the fear of training in your child and makes them comfortable in learning the skills. There are several types of books available in the market that helps you in teaching potty skills to your child. If you find that your child is very stubborn and does not will to learn potty skills then it is very necessary that as a parent you try to make them learn by reading some books that helps you in obtaining useful tips for making your stubborn child learn potty skills with fun. There are several books that are available in the market that helps you in learning tips for training your child for potty.

If you are a parent of first child then books are very effective in learning tips that are useful for you as well as for your child in the long run and provides you with tips that makes training painless and easy for you and fun for your child. There is wide variety of potty training books that provides you with various tips and ideas and you can implement them on your child and the one that works the best should be chosen for training your



child for potty. Books such as everyone poops, once upon a potty, the potty book are some of the books that provides parents with information about how to make their child acquire potty training.

## Internet

There are several website that helps you in providing you with a lot of information about potty training to a child. Internet is also one of the bet media by which you can learn several potty tips and also helps you in making such type of training interesting and fun for your child. Some of the internet sites states that you must allow your child along with you in bathroom since they learn only by seeing you. Internet also provides tips for parents such as purchasing many potty chairs and places them in each and every room of the house since if a child develops an urge to go for potty then this will help him to immediately rush onto the chair without making any mess on the floor.



## Experienced Adults

It is often told by the experienced adults that you must not try to train your child for potty forcefully since it will result in developing regression in child. Being a parent of first child it is recommended that you often seek advice either from doctor, experienced adults or some other resources such as internet and books. It is always advisable that you must be well aware of your child's behavior and nature and try to establish bond with him. First and foremost a thing that is recommended by experienced child is that new parents must observe the signs of readiness for potty training in their child.

Signs such as feeling of irritation by mess in diaper, making strange noise when they are in mess, pulling up and down his pant indicates that a child is mentally and emotionally prepared for learning potty training. The next step in learning potty training tip is that you must be aware of the potty schedule of your child and you must take him sit on potty chair after meals, before sleeping etc. This practice will make him understand that he should sit on chair after such practices.



The next factor that is to be learnt by parent from experienced adult is that of not losing patience at all since it will discourage the child from learning thereby weakening the bond.

## Doctors

There are many doctors who are expert in giving you suggestions about how to do parenting and give potty training to a child. Day by day training is the first key of success in such type of training. You must train your child to use flush the mess and to do this practice every time he goes. Begin to train your child at early age so that he learns at fast speed and becomes capable of using all the bathroom things on its own without the need of his parents. The next step that is suggested by a doctor for parents in training a child for potty is to be calm and patient and should not lose your temper. In the initial stages of potty training make sure that you make your child use potty chair. Slowly when your child is fully comfortable with potty chair then moves him towards using big potty. As a responsible parent it is



possible for you that you can make potty training experience of your child a fun and enjoyable. Motivate your child by giving him stickers of his favorite cartoons when he has completed his action on his own without involving you.



## Different Methods to Teach Kids

There are several ways by which you can teach your kids potty learning techniques. The child must not be forced to perform action unless and until he is ready and mentally and emotionally prepared for such training. Ideally it is said that when a child crosses the age of 13 months parents should start training their child for potty. Potty training for a girl child is totally different than that of a boy child. There are several techniques that help to transform your child from baby to toddler. Some people start training their child for potty at older age because of the arrival of diapers that can be easily disposable. Experts believe that child at younger age learn things and bathroom ethics at very tremendous speed than that of children of older age. Disposable diapers are such that a child does not feel wet in it and he does not get irritated in such type of diapers thereby they show no interest in getting trained for potty.



It is advisable by the experienced adults and doctors that parents must make their child sit on potty chair after a child has finished his meals. Interaction while potty training with a child is the responsibility of parents so as to make training experience fun and enjoyable for both parents as well as child. You must train your child to use flush and after performing the action make him wash his hands every time. Potty training can be completed effectively within 2-3 days and train your child using such a way that works for him and which he finds easy and fun. Potty training to a child must be a slow approach in order to make training experience fun. Parents must have a habit of praising and encouraging his child so that the child feels like grown up and also motivates him to learn quickly. One should not start potty training unless and until a child is not prepared both emotionally and mentally and does not indicates the sign of readiness.

Behavior of each and every child is different and some are very active and they show signs of readiness at the age of 14-15 months while some at the age of 2 years. Parents must keep in mind that they should not give any sort of punishment to a



child if he fails to use a potty chair instead he must be motivated and praised. Infant potty training method is very popular in the nations that are underdeveloped in which parents must hold a child until he performs his action. In this type of training method parents must know some tunes so that when you sing it child identifies it and starts performing his action. This method is very effective in the areas where disposable diapers does not exist or are used by very less people. There are several advantages of using this method of training a child for potty such as it strengthens the relationship and bond between parent and child, use of diapers will be eliminated which will ultimately avoids rashes caused due to diapers, saves money, environmental friendly and hygienic.

However it has also some disadvantages that are associated with it such as it is time consuming which cannot be tolerated by working parents and hence they cannot adopt this method, parents have to be with child until he is fully independent and learn such skills. The next training method that can be used by parents for training a child for potty is one day method. You can purchase a potty training doll so that your child can learn it in



one day since he can learn very fast by looking at other people. It takes minimum one day and maximum 2 weeks for a child to learn potty independently, different tools that are required for such type of training are available are some of the advantages that are associated with this type of method. Lot of preparation, seems to be easy but it is not are some of the disadvantages that are associated with one day method. For some parents training their child for potty could be one of the scariest experiences since they are not aware of the correct techniques. Techniques of training potty to different age groups of children differ. Showing interest while seeing other members of the family, pulling of pant up and down, feeling irritated in diapers, when he enjoys staying dry are some of the signs that are shown by a child when he is ready for potty training.

When a child shows the signs of readiness then parents can purchase potty chair of child's favorite color and training pants that are required for potty. Parents while buying training pants for his child must always keep in mind that cotton pants must be purchased since it gives the sensation of wet to a child who helps him to learn potty training very fast and with fun.



Disposable training pants are also available in the market but it takes a long time for your child to get trained. Potty time is another potty training method that parents can easily adopt. This type of method includes making your child familiar with potty, rewarding and praising him with stickers of his favorite superhero when he has performed all the actions correctly. Time efficient, messing on the floor is reduced is some of the advantages that are experienced by parents who adopt such type of technique for potty training a child. Inability to initiate by a child, following same routine and schedule until a child becomes independent in potty training are some of the disadvantages that are associated with potty time training method. Since it is a very new experience for a child, it is very essential that parents should introduce their child with bathroom. Parents can put blue color in the potty chair and hey should make their child see the color transformation after he performed his action in order to make a training experience fun and enjoyable.



## General Tips for Potty Training

Training a child for potty is the most significant part of his development and depending upon the behavior and nature of a child parents should train the child accordingly. It should be kept in mind that when you train your child for potty it should be started early since children at younger age learn such techniques very quickly without any hesitation and difficulty. Experts say that parents should start training for potty at the age of 14-18 months and by the time child becomes two year old he learns all the techniques properly and he can do potty on his own without the need of his parents.

Experienced adults believe that training for potty that is given to a child differs for both boy and girl. Care should be taken that you never scold your child for the mistakes that he makes and one must not lose patience. Parents must always boost the child and praise him for his work since this attitude of parents motivates the child to learn quickly and with fun. When the child



creates a mess at the home, parents must change his cloth instead of giving him punishment. Parents must keep one thing in mind that they should create an environment that makes potty training for both parents as well as for a child a fun experience.

## Don't Push To Hard

Many parents feel that they must start training their child at the age of 14 months but it should not be done until a child is not mentally and physically prepared for such type of training. Parents must never force their child to use potty chair on their own since it may cause regression in child thereby weakening the bond between you and your child. Feeling of irritation when wet, frustrated are some of the signs that indicates that parents must start potty training to their.



## Set a Timer

Before you start potty training for your child you must first introduce him or her about how to use it. Parents must set up a timer for a child which will help him to learn potty training quickly. Set a routine for a child as soon as he or she wakes up in the bed so that a child a child that he needs to go to potty after he wakes up. They must be made to sit on potty chair after some time intervals such as after meals, as soon as he wakes up by taking nap.

## Keep Extras

After you think that your child is partially ready for potty training and he has learned how to use potty chair then at that time it is the responsibility of parents to buy underwear and potty training pants that helps him to create interest in learning. It is very necessary for the parents to carry extra clothes when they go out for some function since they can change the clothes



of a child if he messes up and also helps him to feel comfortable.

## Appreciate their efforts

It is very necessary that you as a parent must praise your child verbally or in the form of clapping and they must be given rewards in the form of stickers or anything that works for him. While a child sits on a potty chair for performing his action it is the responsibility of parents to sit in front of them and guide them and also talk to them since this will encourage and motivate him to learn such type of techniques. When your child urge to go to potty it is very important that you appreciate him in order to encourage your child. There is also another method to encourage your child such as wrap some items in a box and gift him when he has correctly done its work without involving you.



## CONCLUSION

Toddlers go through many landmark stages in the initial years. These stages represent growth and the onset of maturity. Important things like walking, talking, eating, playing etc. are learnt by toddlers on their own as these things occur naturally. However, some things need to be taught to children such as table manners, behaving well, decent speech etc. Potty training is one of the things that children need to be taught. Potty training in children is important because this actually helps them in being comfortable even without their parents being around them. Once a child is potty trained, he or she may feel more comfortable in play schools or at places where the parents are not available. Potty training not only makes the child comfortable but it also helps the parents to stop worrying about the expenses and discomfort caused due to the use of diapers.

Potty training may seem like a Herculean task to many parents especially if it is for a first born child. A lot of parents sweat over how to help their children become independent.



However with increasing help at hand potty training is becoming quite easy and simple to achieve. Help in terms of books, training from experts, help from the internet etc. is easily available in recent times and parents do not have to look really far to get knowledge on potty training. Help in potty training need not be taken only from experts, parents who have had a first hand experience at training their own children, could also be of great help in learning to teach children toilet manners.

Dealing with children to teach them anything at all, requires a lot of skill and patience. It is therefore necessary to make sure that the parents keep their cool and prepare to teach the same thing over and over to the children before it becomes a habit for the child. If the parents do not remain patient with the children, the children will not show interest in learning and this will only make the task even more difficult for both the parents as well as the children. Some important points that parents need to keep in mind before potty training their children is that the children are taught the importance of hygiene. The initial stages of potty training go a long way in deciding the toilet habits of a child.



If proper care is not taken in the initial stages then the hygiene factor may go wrong even at a later stage.

To be able to impart proper knowledge to the children it is important that the parents get a proper knowledge from the right sources.

Before starting potty training, it should be ensured that the child is ready and that the child has enough understanding to know the importance of potty training. If potty training is started too early in a child then the child might feel harrowed and may reject the attempts of the parents at potty training. This kind of a situation only delays toilet training and increases the problems of the parents and the children. When the child is absolutely ready to be toilet trained it will not take too much time and effort to train him or her and the child will also enjoy the experience of learning something new. At the right time, the child will have enough understanding why toilet training is important and the child will not resist the efforts of the parents to be toilet trained.



Lot of parents take the wrong initiatives in potty training their children. These mistakes only delay the learning process in children.

Parents should know exactly what is right and what is wrong when it comes to potty training the children. Potty training methods for girls and boys are different hence it should be ensured by the parents that the right methods are chosen while potty training their child, depending on whether the child is a girl or a boy. However, there are a few things common between both such as making the learning process a fun task, this will help the child take more interest in potty training and the child will be able to learn faster. The parents should always remember that children can not be rushed into learning things, this means that it is necessary the parents to maintain patience. If the parents lose their patience the children may lose interest in learning and may start to dislike potty training. In every intricate process there are some dos and don'ts which need to be accurately followed in order to get the desired results, the same stands true for potty training. Some dos and don'ts need to be followed by the parents so that their children can be potty



trained quickly. Finally, children need to be appreciated for achieving any task so that they may be better at it.

The efforts of children towards being potty trained should also be appreciated so that the children feel encouraged to do better.